

| Sunday                                                                              | Monday                                                                                                                             | Tuesday                                                                                                               | Wednesday                                                                                       | Thursday                                                                                                | Friday                                                                                                                                              | Saturday  |
|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
|     |                                                                                                                                    |                                                                                                                       |                                                                                                 | 1                                                                                                       | 2                                                                                                                                                   | 3         |
|                                                                                     |                                                                                                                                    |                                                                                                                       |                                                                                                 | Bingo<br>"Be Prepared" Exercises<br>Cards<br>Swat the Fly<br><br>Bible Study: Counting our Blessings    | Bingo<br>Fighting Fatigue<br>Scattegories<br>Skee-ball<br><br>Science Lab: DIY Slime                                                                |           |
| 4                                                                                   | 5                                                                                                                                  | 6                                                                                                                     | 7                                                                                               | 8                                                                                                       | 9                                                                                                                                                   | 10        |
|                                                                                     | Bingo<br>Whole Brain Health<br>Buddy Bracelets<br>Spike Ball<br><br>Drama Club                                                     | Bingo<br>Spin Class<br>Mixed-Media Geode<br>Volleyball                                                                | Name that Anagram<br>Tai Chi<br>Ghost Stickies<br>Ring Toss<br><br>JAVA Club                    | October IQ<br>Seated Boxing<br>Fall Harvest Wreath<br>Horseraces<br><br>Armchair Travels: Lands Unknown | Random Trivia<br>Pool Noodle Exercises<br>Short Stories<br>Croquette<br><br>Spanish Club                                                            |           |
| 11                                                                                  | 12                                                                                                                                 | 13                                                                                                                    | 14                                                                                              | 15                                                                                                      | 16                                                                                                                                                  | 17        |
|                                                                                     | "Top Dog"<br>Chair Zumba<br>Cat Walk<br>Parachute Fun!                                                                             | Bingo<br>20-Minute Indoor Walk<br>History of Columbus Day<br>Hoops<br><br>Bible Study: Village Life in Biblical Times | Bingo<br>Full Body Exercises<br>Hangman<br>Hot Potato<br><br>Field Trip: Mann Leiser Greenhouse | Pizza + Movie Day!<br>Seated Core Workout<br>Who Am I?<br>Mini Golf                                     | Star of the Month-K.W.<br>Disco Dance Party<br>Beading<br>Bowling<br><br>Sing-a-long                                                                |           |
| 18                                                                                  | 19                                                                                                                                 | 20                                                                                                                    | 21                                                                                              | 22                                                                                                      | 23                                                                                                                                                  | 24        |
|                                                                                     | Scouting Out October Trivia<br>FITON Adaptive Exercises<br>Parchment Paper Pumpkins<br>Darts<br><br>Armchair Travels: Transylvania | Spooky Hand Puppets<br>Mindful Meditation<br>Dominos<br>Newspaper Races<br><br>Spanish Club                           | Bingo<br>Posture Pleasers<br>Dot-to-Dot Yarn Art<br>Pool Noodle Volley                          | Bingo<br>Master Karate<br>Tip Toe to the Pumpkins<br>Catch<br><br>Beauty Time                           | Halloween Rhyme Time<br>Belly Dancing<br>Spooky Snow Globe<br>Hockey<br><br>Drama Club                                                              |           |
| 25                                                                                  | 26                                                                                                                                 | 27                                                                                                                    | 28                                                                                              | 29                                                                                                      | 30                                                                                                                                                  | 31        |
|  | Falling Leaves<br>R&B with Paul Eugene<br>Inspiring Scouting Quotes<br>Baseball<br><br>Songs of the Scouts                         | Modern Jeopardy Trivia<br>Yoga<br>Mandala God's Eye<br>Alaskan Bean Bag Toss<br><br>JAVA Club                         | CHIME Categories<br>Leg Day<br>Let's Get Batty<br>Tennis<br><br>Science Lab: Candy Wave         | Bingo<br>Gentle Stretches<br>What Am I?<br>Badminton<br><br>Culinary Creations                          | <b>HALLOWEEN PARTY</b><br><br>Ghostly Bingo<br>Halloween Chair Workout<br>Spooky Shenanigans<br>Magic Show<br>Face Painting and, much, much more... | Halloween |

## SERENDIPITY ADULT DAY SERVICES