

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

"And all at once,
summer collapsed into fall."

Oscar Wilde

1

Five Clues: What Job Is It?
Seated Boxing
September IQ
Baseball

Drama Club

2

Serendipity Picture Day
"Stayin' Alive" Workout
1970s Trivia
Horseraces

3

Serendipity Picture Day
Seated Master Karate
Bingo
Bugs in a Jar

Spanish Club

4

Bingo
Resistance Bands
Learning about Labor Day
Badminton

Science Lab: A Frog's Life

5

6

--Closed--

Labor Day

7

Bingo
Tae Bo
Oodles of Poodles
Hoops

Sing-a-long

8

Bingo
Posture Pleasers
From Bell-Bottoms to Boots
Bowling

JAVA Club

9

10

A Whole Lot of "Hoop"-la
Balance Boogie
Soap Making
Ring Toss

11

Who Am I?
Upper Body Strength
A Small Gift-Short Story
Tennis Anyone?

Rosh Hashanah Begins

12

13

Life's a Hoot!
Yoga
Pizza & a Movie
Swat the Fly

14

Jeopardy Trivia
FITON Adaptive Workout
Leaf Painting
Catch

Armchair Travels: Montreal

15

Bingo
Belly Dancing
Memory Cards
Hot Potato

Field Trip: Alaska Zoo

16

17

Bingo
Whole Brain Health
Hummingbird Charms
Volleyball

Drama Club

18

Star of the Month: J.T.
Mindful Meditation
Scherenschnitte
September Birthdays

Spanish Club

19

Oktoberfest Begins

20

Freddie the Frog
Full Body Exercise
Paper Doll Shelfies
Pool Noodle Volley

21

Bible Study: Biblical Food

Yom Kippur Begins

22

Can You Picture This?
Tai Chi
Match the Room
Hockey

Autumn Begins

23

Football Funnies
Cardio Party
Balloon "Lamps"
Newspaper Races

Culinary Creations

24

Bingo
Spin Class
Bubble Snakes
Walking Program

25

Bingo
Sabashi
Macrame Keychains
Parachute Fun

Science Lab: Hoop & Straw
Airlines

26

27



Dancing Dots Mobile
Soul R&B Exercises
Love Bird
Alaska Bean Bag Toss

JAVA Club

28

Making Lava Lamps
Seated Zumba
Pizza & a Movie
Velcro Golf

29

What Am I?
Qi Qigong
Bratwurst "Eating" Contest
Darts

Armchair Travels: Germany

30

September 2026

Serendipity Adult Day Services