

THE SALVATION ARMY HARBOR LIGHT CENTER

PROGRAM & SERVICES



ADDICTION SERVICES

The Harbor Light Center provides clinical and medical treatment for substance use and mental health conditions. Evidenced-based approaches are provided in all treatment modalities. Spiritual development, vocational and family support are offered to promote self-sufficiency and community reintegration.

CLIENTS

Many clients are impoverished and have limited treatment options. Every effort is made to link uninsured individuals with Medicaid, third-party coverage or other options.

WITHDRAWAL MANAGEMENT

Nursing staff facilitates admissions and a physician prescribes medical regimens for managing withdrawal symptoms. Clients typically receive 5-10 days of clinical inpatient services supervised by a licensed physician. Treatment plans are developed in the clinical assessment to connect with additional services.

RESIDENTIAL TREATMENT

Residential Treatment offers a 28-day, 24-hour supervised living environment with highly structured, evidence-based treatment—including classes about addiction, relapse prevention, recovery skills, life management skill-building and more. Includes social and recreational activities, 12-step meetings, counseling, and spiritual care. Family education also provided.

3.1 RESIDENTIAL SERVICES

24-hour sober living based on medical necessity. Clients are encouraged to reach their recovery goals, strengthen coping skills, develop group and independent living abilities, and re-integrate into supportive networks. Direct therapeutic services are provided at least 9 hours per week. Clients engage in individual and group counseling, case management, psychoeducation and life skills programming, and medical support.

TRANSITIONAL HOUSING

Transitional Housing offers a sober living environment incorporating treatment, recovery, and life skills to address recovery from substance abuse. The five-phase program is designed to help clients accomplish goals through structure and accountability and focused on reintegration into the community with employment and stable housing, programming, and medical support.

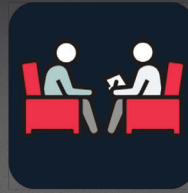
INTENSIVE OUTPATIENT PROGRAM

The Intensive Outpatient Program (IOP) is designed to help clients remain abstinent from alcohol, drugs or gambling by improving psychological and social coping skills by providing 10 weeks of cognitive group sessions.





54,464
NUTRITIOUS MEALS
& GROCERIES
PROVIDED



8,000
SESSIONS WITH
INDIVIDUAL CLIENTS



22,742
NIGHTS OF SAFE
LODGING



1,555
PERSONS SERVED
(REHAB & WRAP-
AROUND SERVICES)



10,433
WORSHIP & FAITH
BUILDING
EXPERIENCES

STORY OF HOPE

“I didn’t go a day without drinking or doing drugs,” said Eric. “I was always partying and it eventually caught up to me but at the time I wasn’t thinking about what would happen.”

Eric never thought he’d be in the position he was in a couple years ago, sitting in a classroom at The Salvation Army Harbor Light Center, learning how to cope without alcohol or drugs. Alcoholism affected many of his family members. “I had my first drink of alcohol when I was 14 years old,” explained Eric.

Eric believes his problems with alcoholism began when, a month before his child was born, his grandmother died, & he had to be the rock for the family. He explained he drank before work & got behind the wheel drunk most days. One morning, Eric woke up in the hospital, handcuffed to the bed.

Through friends & his time in jail Eric learned about the Harbor Light Center & decided to enroll himself so he could detox from everything in his life. After entering the program, Eric began journaling & reading through his bible. He started looking at his life through a different lens, focusing on short-term & long-term goals he had set with the help of his case manager. “Being at Harbor Light Center truly changed my life,” said Eric.

Eric is now in barber school, going back to his passion for making other people look nice. On his days off, he will visit the Harbor Light Center & give free haircuts to the men who are currently working on their recovery. Eric likes to visit because it’s where everything restarted. He loves giving back to other clients & sees himself as a role model.

OUR MISSION:
THE SALVATION ARMY,
an international movement,
is an evangelical part of the
universal Christian Church.
Its message is based on
the Bible. Its ministry is
motivated by the love
of God. Its mission is
to preach the gospel
of Jesus Christ and to
meet human needs
in His name without
discrimination.



SCAN THIS CODE
TO WATCH A VIDEO
FROM CLIENTS



DOING THE
MOST GOOD