



ADVENT BEDTIME

Blessings

YOUTH
Down
SOUTH



ADVENT BEDTIME Blessings

Dear Parents,

This year, I've fallen in love with liturgies.

There is something beautiful about praying the same simple words again and again. Over time, those words become familiar. They settle into our hearts. They become words we reach for when we don't know what else to say – and, slowly, they become a part of who we are.

That is the hope behind these Advent bedtime blessings.

Advent is a season of waiting and remembering. As we prepare our hearts to celebrate the birth of Jesus, these simple prayers give you an opportunity to pause at the end of each day, gather your children close, and speak the truth of Scripture over them.

Each blessing is short and simple. Read the words over your child and invite them to respond with the short line at the end. Don't worry about making bedtime feel perfect or adding one more thing to an already busy Christmas season. Simply slow down, draw close, and remind your child who God is and who they are because of Him.

You may use one blessing throughout the week, repeat the same one every night, or choose whichever one your family needs that evening. The repetition is part of the beauty. These are words your children can eventually memorize and carry with them.

As you speak these words over your children throughout Advent, my prayer is that both you and your children would come to know Jesus more deeply – the Wonderful Counselor, Mighty God, Everlasting Father, and Prince of Peace (Isaiah 9:6).

May these simple words become more than something you say at bedtime. May they become truths your children remember when they are afraid, words they return to when they need hope, and reminders they carry with them long after Advent is over.

May your home be filled with the hope, peace, joy, love, and light of Christ this Christmas.

Blessings!

Melissa Powell
Territorial Children's Ministry Coordinator





Rest in Hope

PARENT:

Jesus, tonight we thank You that You came into our world.
When we are waiting, remind us that You are faithful.
When we cannot see what is ahead, help us trust You.
Fill this child with hope, because You are the God of hope.
Give them peaceful sleep tonight, knowing that You are near.

CHILD:

I will hope in You.

PARENT:

May they wake tomorrow remembering that
Your promises are true.
Amen.

Romans 15:13; Psalm 130:5; Lamentations 3:22-23

You are With Me

PARENT:

Jesus, You are the Prince of Peace.
Tonight, take every worry, fear, and trouble from this child's heart.
Help them remember that they never have to face tomorrow alone.
You are their Shepherd, and You watch over them.
As they sleep, surround them with Your peace.

CHILD:

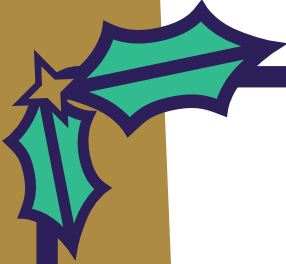
You are with me.

PARENT:

May they rest tonight knowing they are safe in Your care.

Isaiah 9:6; Psalm 23:4; Psalm 4:8; Philippians 4:6-7





Jesus is My Joy

PARENT:

Jesus, thank You for the good news of great joy; You have come!
Thank You that Your love is bigger than our hard days,
our disappointments, and our mistakes.
Remind this child that their joy doesn't come
from having the perfect day.
Their joy comes from knowing You.
Fill their heart with the joy of Your presence.

CHILD:

Jesus is my joy.

PARENT:

May they wake tomorrow ready to rejoice because
You are good and You are near. Amen.

Luke 2:10-11; Psalm 16:11; Philippians 4:4; Nehemiah 8:10

I Am Loved

PARENT:

Father, thank You for loving us so much that You sent Your Son.
Tonight, remind this child that they are Your beloved child.
When the world feels dark, be their light.
When they feel alone, remind them that You are near.
When they wonder if they are enough,
remind them that Your love never lets go.

CHILD:

I am loved.

PARENT:

May they sleep tonight in the light of Christ,
surrounded by the love of God. Amen.

John 3:16; 1 John 3:1; John 8:12; Romans 8:38-39

