

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 August 2026						 1
2	3 August IQ & Trivia Seated Boxing Up, Up & Away Tennis Anyone? Culinary Creations	4 Comedy Cure Posture Pleasers Cards Volleyball Spanish Club	5 Alphabet Soup Joyous Movements II Scrabble Tournie Nature Walk JAVA Club	6 Bingo Seated Zumba Painting Ladybugs Velcro Golf	7 Bingo Belly Dancing Star of the Month Catch Science & Nature: Solar Heat	8
9	10 Bingo Leg Day Heart & Flower Art Alaskan Bean Bag Toss Bible Study: Proverbs	11 Bingo FITON Adaptive Exercise Movie & a Pizza Badminton	12 Sunshine Songs Dance Cardio Soap Making Croquet	13 Trivia Tabata HIIT Sunny Day Minute to Win It Baseball Armchair Travels: Venice	14 Buzz Word Seated Martial Arts Puzzles Swat the Fly Drama Club	15
16	17 Toss a Tune Spin Class Good News in 2026 Bowling Science & Nature: Armadillo	18 Bingo Tae Bo Beading Water Gun Race Culinary Creations	19 Bingo Qi Qigong Woodworking Horseraces Spanish Club	20 Who Am I? Full Body Exercises Fuzzy Flowers Pong	21 <i>Alaska State Fair Trip!</i> *Cards Seated Exercise Guy Talk Hot Potato	22
23	24 Love Hurts...A Little Bit Yoga Crafting with Vickie Newspaper Races Armchair Travels: The Everglades	25 August Madlibs Pool Noodle Exercises Shaving Cream Craft Nature Walk JAVA Club	26 Bingo Soul R&B Chair Exercises Tie-Dyed Tees Skeeball	27 Bingo Mindful Meditation Pondering you Personality Gone Fisnin' Drama Club	28 Modern Jeopardy Trivia Tai Chi Sunshine Soiree Hoops Bible Study: Prayer Jar	29
30	31 Movie & a Pizza Sabashi Origami Pool Noodle Volley Book Club-Holes	 Serendipity Adult Day Services				

*Serendipity will remain open for those not wishing to attend the Alaska State Fair. Two staff will be on-site providing activities, meals.